

PROPOZICIJE

ŠARENGRADSKI KUP



- Takmičenje se održava u subotu 14.05.2016. godine na bazenima SRC Kruševac
- Miting organizuje: Plivački klub "NAPREDAK" Kruševac
- Adresa bazena: Ul. Nikole Tesle bb, Kruševac
- Adresa kluba: Plivački klub "NAPREDAK", ul. Slikara Milovanovića 35, 37000 Kruševac, Srbija
- Takmičenje se održava na zatvorenom bazenu dužine 50m sa 8 staza
- Temperatura vode 26 °C i vazduha 28 °C.
- Takmičenje se održava po pravilima FINA i PSS.
- Merenje vremena je automatsko - elektronikom.
- Takmičenje je pojedinačno i ekipno
- Svaki plivač ima prava nastupa u 3 individualne discipline i štafeti osim plivača kategorije "A,B" koji imaju prava nastupa u 2 individualne discipline i štafeti.
- Ekipni pobjednik se dobija zbirom bodova (9,7,5,3,2,1), prvih šest plivača i plivačica po kategoriji i disciplini
- Klubovi prijavom preuzimaju kompletnu odgovornost za zdravstveno stanje plivača.

| KATEGORIJE | | PROGRAM | |
|---------------|-----------------|--|------------------------------|
| Muškarci/žene | | 9. ³⁰ h - tehnički sastanak/rasplivavanje | |
| | | 10. ³⁰ h - takmičenje | |
| A | 2007. i mlađi | 1. | 50m prsno A,B,C,D |
| B | 2006. | 2. | 100m delfin E,F,G,H,I |
| C | 2005. | 3. | 200m slobodno G,H,I |
| D | 2004. | 4. | 100m leđno E,F,G,H,I |
| E | 2003. | 5. | 50m slobodno A,B,C,D |
| F | 2002. | 6. | 200 m mešovito E,F,G,H,I |
| G | 2001. | 7. | 100m prsno E,F,G,H,I |
| H | 2000. | 8. | 50m leđno A,B,C,D |
| I | 1999. i stariji | 9. | 100m slobodno E,F,G,H,I |
| | | 10. | 50m delfin A,B,C,D |
| | | 11. | 400m slobodno G,H,I |
| | | 12. | 4x50m mix (A,B,C,D) |
| | | | mešovito (2M+2Ž) (E,F,G,H,I) |

- Prijave plivača slati najkasnije do 12.05.2016. godine u Lenex formatu (klubovi iz inostranstva mogu da šalju prijave u Word ili Excel formatu)
- Štafete se ograničavaju na dve (2) po klubu i kategoriji tj. plivače-ice navedenih kategorija.
- Startnina po trci je 300 dinara za domaće i 3 EUR-a za strane plivače.

NAGRADE

- Medalje za prva tri takmičara po disciplinama u kategoriji.
- Najbolji u muškoj i ženskoj konkurenciji po kategorijama (zbir dva najbolja rezultata po FINA bodovima) nagrađuje se plaketom-peharom.
- Najbolji plivač i plivačica mitinga (zbir dva najbolja rezultata po FINA bodovima) dobijaju pehar
- Ekipnom pobjedniku se dodeljuje pehar.

KONTAKT

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- Tel: +381 64 893 01 61 (Nikola Danev) ili +381 64 893 01 66 (Lazar Nikolić)

PROPOSITIONS

ŠARENGRADSKI KUP



- The competition will be held on Saturday, 14 th May 2016. at swimming pools of SRC Kruševac
- Organized by : Swimming Club "NAPREDAK" Kruševac
- Pool's address: Ul. Nikole Tesle bb, Kruševac
- Club's address: Swimming Club "NAPREDAK", Slikara Milovanovića 35, 37000 Kruševac, SERBIA
- The competition will be held in a 50 meter indoor pool. It has 8 lanes with 26 °C water temperature and the air temperature is 28 °C
- The competition will be held in accordance with the FINA and PSS rules
- Time recording is automatic - with electronics
- Category "A" is allowed to swim in 2 disciplines and relay - other categories 3 disciplines and relay
- The winning team is pronounced after summation of points (9,7,5,3,2,1), gained by first six swimmers in each age and group
- The clubs who apply take full responsibility for their swimmers health condition

| CATEGORIES | |
|-------------|-------------------|
| Male/female | |
| A | 2007. and younger |
| B | 2006. |
| C | 2005. |
| D | 2004. |
| E | 2003. |
| F | 2002. |
| G | 2001. |
| H | 2000. |
| M | 1999. and older |

| PROGRAMME | | | |
|---|------------------|-------------|--|
| 9. ³⁰ h - Technical meeting/warming up | | | |
| 10. ³⁰ h - Competition | | | |
| 1. | 50m breast | A,B,C,D | |
| 2. | 100m fly | E,F,G,H,I | |
| 3. | 200m free | G,H,I | |
| 4. | 100m back | E,F,G,H,I | |
| 5. | 50m free | A,B,C,D | |
| 6. | 200m mix | E,F,G,H,I | |
| 7. | 100m breast | E,F,G,H,I | |
| 8. | 50m back | A,B,C,D | |
| 9. | 100m free | E,F,G,H,I | |
| 10. | 50m fly | A,B,C,D | |
| 11. | 400m free | G,H,I | |
| 12. | 4x50m mix- mixed | (A,B,C,D) | |
| | (2M+2F) | (E,F,G,H,I) | |

- The deadline for the receipt of the Application Form (for Serbian teams in Lenex format, Word or Excel for others) is May 12th, 2016.
- Relays are limited to two (2) per club and swimmers these category.
- An entry fee is 3 EUR per discipline (international competitors), or 300 din. per discipline (domestic competitors).

PRIZES

- Medals for first three competitors in each category
- Material reward to the best male/female swimmer in category (addition of two best results according to the FINA tables)
- The best male and female swimmer for competition (addition of two best results according to the FINA tables) gain cup
- Winning team will gain cup

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