

# PROPOZICIJE

# ŠARENGRADSKI KUP



- Takmičenje se održava u subotu 07.05.2011. godine na bazenima SRC Kruševac
- Miting organizuje: Plivački klub "NAPREDAK" Kruševac
- Adresa bazena: Ul. Nikole Tesle bb, Kruševac
- Adresa kluba: Plivački klub "NAPREDAK", ul. Slikara Milovanovića 35, 37000 Kruševac, Srbija
- Takmičenje se održava na zatvorenom bazenu dužine 50 m sa 8 staza
- Temperatura vode 26 °C i vazduha 28 °C.
- Takmičenje se održava po pravilima FINA i PSS.
- Merenje vremena je automatsko – elektroničkom.
- Takmičenje je pojedinačno i ekipno
- Svaki plivač ima prava nastupa u 3 individualne discipline i štafeti osim plivača kategorije "A" koji imaju prava nastupa u 2 individualne discipline i štafeti.
- Ekipni pobednik se dobija zbirom bodova (9,7,5,3,2,1), prvih šest plivača i plivačica po kategoriji i disciplini
- Klubovi prijavom preuzimaju kompletnu odgovornost za zdravstveno stanje plivača.

| KATEGORIJE    |                 | PROGRAM                                              |                          |
|---------------|-----------------|------------------------------------------------------|--------------------------|
| Muškarci/žene |                 | 9. <sup>30</sup> h – tehnički sastanak/rasplivavanje |                          |
|               |                 | 10. <sup>30</sup> h - takmičenje (prvi deo)          |                          |
| A             | 2002. i mlađi   | 1.                                                   | 50m kraul A,B,C,D,E      |
| B             | 2001.           | 2.                                                   | 50m delfin A,B,C,D,E     |
| C             | 2000.           | 3.                                                   | 50m leđno A,B,C,D,E      |
| D             | 1999.           | 4.                                                   | 50m prsno A,B,C,D,E      |
| E             | 1998.           | 5.                                                   | 200m kraul A,B,C,D,E     |
| F             | 1997.           | 6.                                                   | 4x50m mešovito A,B,C,D,E |
| G             | 1996.           | pauza 45 minuta/rasplivavanje                        |                          |
| H             | 1995.           | takmičenje (drugi deo)                               |                          |
| M             | 1994.           | 1.                                                   | 100m kraul F,G,H,M,O     |
| O             | 1993. i stariji | 2.                                                   | 100m delfin F,G,H,M,O    |
|               |                 | 3.                                                   | 100m leđno F,G,H,M,O     |
|               |                 | 4.                                                   | 100m prsno F,G,H,M,O     |
|               |                 | 5.                                                   | 200m mešovito F,G,H,M,O  |
|               |                 | 6.                                                   | 4x50m slobodno F,G,H,M,O |

- Prijave plivača slati najkasnije do 04.05.2011. godine u Lenex formatu (klubovi iz inostranstva mogu da šalju prijave u Word ili Excel formatu)
- Startnina po trci je 250 dinara za domaće i 2.5 EUR-a za strane plivače.

## NAGRADE

- Medalje za prva tri takmičara po disciplinama u kategoriji.
- Najbolji u muškoj i ženskoj konkurenciji po kategorijama (zbir dva najbolja rezultata po FINA bodovima) nagrađuje se robnom nagradom.
- Najbolji plivač i plivačica mitinga (zbir dva najbolja rezultata po FINA bodovima) dobijaju pehar
- Ekipnom pobedniku se dodeljuje pehar.

## KONTAKT

[www.napredak.org.rs](http://www.napredak.org.rs)

- E-mail: [pknapredak@gmail.com](mailto:pknapredak@gmail.com) ili [office@napredak.org.rs](mailto:office@napredak.org.rs)
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# PROPOSITIONS

## ŠARENGRADSKI KUP



- The competition will be held on Saturday, 7<sup>th</sup> May 2011 at swimming pools of SRC Kruševac
- Organized by : Swimming Club "NAPREDAK" Kruševac
- Pool's address: Ul. Nikole Tesle bb, Kruševac
- Club's address: Swimming Club "NAPREDAK", Slikara Milovanovića 35, 37000 Kruševac, SERBIA
- The competition will be held in a 50 meter indoor pool. It has 8 lanes with 26 °C water temperature and the air temperature is 28 °C
- The competition will be held in accordance with the FINA and PSS rules
- Time recording is automatic - with electronics
- Category "A" is allowed to swim in 2 disciplines and relay - other categories 3 disciplines and relay
- The winning team is pronounced after summation of points (9,7,5,3,2,1), gained by first six swimmers in each age and group
- The clubs who apply take full responsibility for their swimmers health condition

| CATEGORIES  |                   |
|-------------|-------------------|
| Male/female |                   |
| A           | 2002. and younger |
| B           | 2001.             |
| C           | 2000.             |
| D           | 1999.             |
| E           | 1998.             |
| F           | 1997.             |
| G           | 1996.             |
| H           | 1995.             |
| M           | 1994.             |
| O           | 1993. and older   |

| PROGRAMME                                         |             |           |
|---------------------------------------------------|-------------|-----------|
| 9. <sup>30</sup> h - Technical meeting/warming up |             |           |
| 10. <sup>30</sup> h - Competition (1. part)       |             |           |
| 1.                                                | 50m free    | A,B,C,D,E |
| 2.                                                | 50m fly     | A,B,C,D,E |
| 3.                                                | 50m back    | A,B,C,D,E |
| 4.                                                | 50m breast  | A,B,C,D,E |
| 5.                                                | 200m free   | A,B,C,D,E |
| 6.                                                | 4x50m mix   | A,B,C,D,E |
| 45 minutes free time/warming up                   |             |           |
| Competition (2. part)                             |             |           |
| 1.                                                | 100m free   | F,G,H,M,O |
| 2.                                                | 100m fly    | F,G,H,M,O |
| 3.                                                | 100m back   | F,G,H,M,O |
| 4.                                                | 100m breast | F,G,H,M,O |
| 5.                                                | 200m mix    | F,G,H,M,O |
| 6.                                                | 4x50m free  | F,G,H,M,O |

- The deadline for the receipt of the Application Form (for Serbian teams in Lenex format, Word or Excel for others) is May 4<sup>th</sup>, 2011.
- An entry fee is 2.5 EUR per discipline (international competitors), or 250 din. per discipline (domestic competitors).

### PRIZES

- Medals for first three competitors in each category
- Material reward to the best male/female swimmer in category (addition of two best results according to the FINA tables)
- The best male and female swimmer for competition (addition of two best results according to the FINA tables) gain cup
- Winning team will gain cup

### CONTACT

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